



Huntington's Disease Association, Sussex Branch –
Newsletter

April 2014

Dear Members,

April has been an amazing month already for fundraising by the Sussex Branch Members and their friends. A massive thank you goes to everyone who took part in these events, check out the fundraising section below for more information.

Thank you to those who attended March's meeting, lots of hot crossed buns were consumed and well done to Ant Jarman who guessed the correct weight of the cake. For anyone who missed the March's meeting, attached is the update from the Youth Conference with some very positive developments on research, courtesy of Ed Wild.

We also had a very successful coffee morning on Saturday in Lewes at the end of March, a big thank you goes to everyone who helped make this coffee morning happen and also to the people who attended.

This month's meeting is on **Wednesday 30th April** in Lewes from 7:30pm. This is the AGM and there is still time to nominate a volunteer to fill the space on the committee, please call Sue on 07881 811995 with any nominations. There will also be a slide show and video from Sue's recent Skydive.

Meetings and Events – 2014

Meetings are held at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN7 2AH unless otherwise stated. They are the last Wednesday of the month, starting at 7:30pm

Wednesday 30th April – Meeting – Branch AGM: Come to elect your committee members and officers and find out about our fundraising and how our finances have supported members of the branch in the past year.

Wednesday 28th May – Meeting – Various Speakers: An informal meeting with a Personal Story and an update from Head Office.

Thursday 5th June – Social Meeting/Fundraising Event: Bookings are now being taken for the Greyhound Racing evening, see below for more information.

Wednesday 30th July – Social Get Together: We will be holding a get together in 4 local areas within Sussex, all will be held in the pub, more details will follow of the areas that we plan to cover nearer the time.

For professional support contact Regional Care Adviser Fiona Sturrock on 01580 212276 or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount Pleasant, Liverpool L3 5TF

Branch Social and Fundraising Event Coming Soon!

Thursday 5th June 6:30pm

The committee have arranged for a night out at the greyhound-racing track in Nevill Road, Hove. Members of the Sussex HD branch, friends and family are welcome to come and join in the fun!

£20 (payable in advance to the branch) **will get you a delicious 3-course meal and a view!** (The track benefits from free parking)

Please email sussexsecretary@gmail.com or phone Sue on 07881 811995 if you wish to attend.

Fundraising!

Brighton Marathon

As you may be aware, Sally, Joe, Ant and a few friends ran the Brighton marathon on 6th April in aid of the HDA. They all completed the course with times ranging from 3 hours and 28 mins to 4 hours and 59 mins. They all did amazingly well and have raised approximately £2,600 to date.

Skydive for HD

Team Skydive, which consisted of Sue, Michele and Dewey all did a 10,000ft tandem skydive on the 12th April in Salisbury raising money and awareness for HD. To date they have raised approximately £2,000.

All money raised has been split between the HDA, The Sussex Branch and HDYO

Grants!

Courtesy of Joe, a committee member of 3 years, his employer has donated a £500 grant to the branch. This is to reflect Joe's volunteering with the branch, updating the website and committee duties

General Info

If you need to contact Head Office, please email info@hda.org.uk or phone 0151 331 5444.

Welfare Grants are available through the Branch. Initial enquiries should be through Fiona Sturrock (Regional Care Adviser) on 01580 212276.

We are always glad of donated items for our Monthly Branch Raffle.

Visit our branch website www.hdasussexbranch.org.uk or the National website www.hda.org.uk

If you need further information please contact our Secretaries as follows:

Sue: 07881 811995 or Sally: 07515 870119 or email sussexsecretary@gmail.com

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