



Huntington's Disease Association, Sussex Branch-
Newsletter

JANUARY 2016

Dear members,

May I take this opportunity to wish you all a very happy new year. Thank you to all who attended the Christmas party and special thanks to those who provided a delicious spread of food and drink.

PLEASE NOTE YOUR BRANCH MUST CHANGE.

We have two meetings booked at the Cliffe Parish Hall and at present no venue for our AGM. There is a lunch booked at The Green Man at Ringmer on Saturday 6 February at 12.30. Please let Sue Cross or myself know if you would like to come by Saturday January 30th. From May onwards meetings will be held at a variety of venues across the county on a monthly rotational basis. Meetings at pubs for an evening drink and chat as well as the tea/coffee meetings continuing together with lunches and visits, should these ever prove popular.

Forthcoming Meetings and events.

Meetings are held at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN27 2AH
Unless otherwise stated. They are the last Wednesday of the month, starting at 7.30pm.

Saturday 6th February 2016- Lunch Green man at Ringmer. See above.

Wednesday 24th February 2016. Fund raising and social event.

Wednesday 30th March.- Speaker- Dr.Nayana Lahiri- clinical geneticist at St Georges Hospital London, who will be talking to us about her research. (Last meeting at Cliffe Parish Hall.)

Wednesday 27th April 2016 – AGM at a venue that will be advised in the obligatory notice to be given at least 28 days prior to the AGM.

For professional support contact Specialist HD Advisor Fiona Sturrock on 01580 212276
or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount
Pleasant, Liverpool L3 5TF.



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Coffee Mornings

We will be holding coffee mornings on the following dates and venues:

Thursday 21st January: 14:30 to 16:30pm at Esquires Coffee House, Library Buildings, Southgate Avenue RH10 6H.
Wednesday 27th January 10:30 to 12: 30 at Beyond Design 2/4 Marine Drive, Rottingdean BN2 7HQ
Wednesday 27th January: 14:30 to 16:30 pm at Haskins Garden Centre, Roundstone Bypass, Angmering, BN16 4BD.
Thursday 18th February: 14:30 to 16:30pm at Esquires Coffee House, Library Buildings, Southgate Avenue RH10 6H.
Wednesday 2nd March: 10:30 to 12: 30 at Beyond Design 2/4 Marine Drive, Rottingdean BN2 7HQ
Wednesday 2nd March: 14:30 to 16:30 pm at Haskins Garden Centre, Roundstone Bypass, Angmering, BN16 4BD.
Thursday 17th March: 14:30 to 16:30pm at Esquires Coffee House, Library Buildings, Southgate Avenue RH10 6H.
Wednesday 23rd March: 10:30 to 12: 30 at Beyond Design 2/4 Marine Drive, Rottingdean BN2 7HQ
Wednesday 23rd March: 14:30 to 16:30 pm at Haskins Garden Centre, Roundstone Bypass, Angmering, BN16 4BD
Wednesday 20th April: 10:30 to 12: 30 at Beyond Design 2/4 Marine Drive, Rottingdean BN2 7HQ
Wednesday 20th April: 14:30 to 16:30 pm at Haskins Garden Centre, Roundstone Bypass, Angmering, BN16 4BD
Thursday 21st April: 14:30 to 16:30pm at Esquires Coffee House, Library Buildings, Southgate Avenue RH10 6H.

If you would like to attend or would like more information, please contact Sandra on 01424716907. or 07816 352459 or email: sandra-e-taylor@hotmail.co.uk

The Angmering meetings are subject to attendance due to the distance from Hastings.

These are open to all members and friends of the Sussex Branch and we would love to see you there.

General Information

If you need to contact Head Office, please email info@hda.org.uk or phone 0151 331 5444

Welfare Grants are available through the Branch. Initial enquiries should be through Fiona Sturrock (Specialist HD Advisor) on 01580 212276

Visit our Branch website www.hdasussexbranch.org.uk or the National website www.hda.org.uk

If you need further information contact our secretary Sue on 07881 811995 or our chair on 01424716907 or email sussexsecretary@gmail.com or sandra-e-taylor@hotmail.co.uk

Useful Websites

www.hdbuzz.net – a fantastic website which details relevant research and developments in a non-jargon, easy to read and understand format – all written by professionals working within the field of HD.

www.hdyo.org – a dedicated young person's website with jargon-free information and support.