Huntington's Disease Association, Sussex Branch –
Newsletter

March 2014

Dear Members,

Thank you to those who attended February's meeting. It was good to see those of you who were able to work around the transport issues. With this newsletter I have included information from February's meeting, kindly collated by Teresa Andrews, the Specialist Welfare Benefits Advisor who came to speak with us from HARC. Although, as explained at the meeting, HARC currently only operate in East Sussex, a lot of the benefits information attached is relevant to those living in West Sussex too.

As you may be aware, our AGM is in April. It is with regret that Joe Parris and Sally Newman will be standing down from the committee after three years service. Thank you Sally and Joe for your hard work and commitment to the branch.

This does however open up at least one space on our committee for a volunteer who would like an input into the running of the branch and an opportunity to plan future meetings and events. Elected committee members will be required to attend approximately four committee meetings per year (which are normally held at The Dorset Pub). For more information please contact Sue Cross, who has agreed to continue with secretarial duties for the foreseeable future: 07881 811995

This months' meeting is on Wednesday 26th March in Lewes from 7:30pm. This is an informal meeting with Easter Treats. Sue Cross, now back from her travels, attended the HDA Youth Conference at the weekend; she has agreed to give us a brief update following talks at the Conference from Ed Wild and Hugh Rickard.

Meetings and Events – 2014

Meetings are held at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN7 2AH unless otherwise stated. They are the last Wednesday of the month, starting at 7:30pm

Wednesday 26th March – Meeting – Easter Treats – An informal meeting with Easter eggs, hot crossed buns, tea and a chat.

Saturday 29th March – Coffee Morning – Enjoy a chat over cake and a coffee from 10:00 – 12:30 at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN7 2AH

Wednesday 30th April – Meeting – Branch AGM: Come to elect your committee members and officers and find out about our fundraising and how our finances have supported members of the branch in the past year.

Branch Social and Fundraising Event Coming Soon!

For professional support contact Regional Care Adviser Fiona Sturrock on 01580 212276 or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount Pleasant, Liverpool L3 5TF

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Thursday 5ᵗʰ June 6:30pm

The committee have arranged for a night out at the greyhound-racing track in Nevill Road, Hove. Members of the Sussex HD branch, friends and family are welcome to come and join in the fun!

£20 (payable in advance to the branch) **will get you a delicious
3-course meal and a view!** (The track benefits from free parking)
More information to follow

Marathon Fun!

As you may be aware, Sally, Joe, Ant and a few friends will be running the Brighton marathon on 6ᵗʰ April in aid of the HDA. Please do come down and show your support for the team, start line is Preston Park at 9:15 with the finish line on Madeira Drive – Look out for the green and purple vests, any support will be appreciated.

General Info

If you need to contact Head Office, please email info@hda.org.uk or phone 0151 331 5444.

Welfare Grants are available through the Branch. Initial enquiries should be through Fiona Sturrock (Regional Care Adviser) on 01580 212276.

We are always glad of donated items for our Monthly Branch Raffle.

Visit our branch website www.hdasussexbranch.org.uk or the National website www.hda.org.uk

If you need further information please contact our Secretaries as follows:
Sue: 07881 811995 or Sally: 07515 870119 or email sussexsecretary@gmail.com

For professional support contact Regional Care Adviser Fiona Sturrock on 01580 212276 or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount Pleasant, Liverpool L3 5TF