



Huntington's Disease Association, Sussex Branch –
Newsletter

May 2014

Dear Members,

Thank you to those who attended April's AGM, Joe and Sally have stood down and will be sadly missed as committee members but we look forward to seeing them in the future as they will remain branch members.

The other committee members remain the same and we are looking forward to another year of exciting meetings and social events. If anyone has any ideas or suggestions for anything to do with the branch, please feel free to put them forward.

This Months Meeting

This months' meeting is on **Wednesday 28th May** in Lewes from 7:30pm.

There will be a talk from Ken Taylor regarding Venerable Adults and also a Personal Story from Sue Cross.

There will also be time for a drink and a chat with other members of the branch as we know that this is the most important part of the meeting for some people.

Fiona Sturrock, our Regional Care advisor will also be on hand for a chat or to answer any questions or queries people may have.

Meetings and Events – 2014

Meetings are held at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN7 2AH unless otherwise stated. They are the last Wednesday of the month, starting at 7:30pm.

Wednesday 28th May – Meeting – Various Speakers: An informal meeting with a Personal Story and a talk regarding Venerable Adults.

Thursday 5th June – Social Meeting/Fundraising Event: Greyhound Racing evening and Fundraising event

Wednesday 30th July – Social Get Together: We will be holding a get together in 4 local areas within Sussex, all will be held in the pub, more details will follow of the areas that we plan to cover nearer the time.

Saturday 8th August – Brewery Tour – We will be arranging a Brewery Tour at the Dark Star Brewery in Partridge Green, followed by a pub lunch – more information to follow next month

Coffee Mornings – June 2014

Due to Sandra Taylor being on holiday during the month of June there won't be any coffee mornings

For professional support contact Regional Care Adviser Fiona Sturrock on 01580 212276 or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount Pleasant, Liverpool L3 5TF



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however they will re-commence in July and these dates will be included in June's Newsletter

Kris King – Coast Hunting - for a Cure for HD

Thursday 12th June 2014

Kris King is taking on a challenge to travel around the coast of the UK in 34 days, this is 2514 miles and he plans on doing 22 x 100 mile bike rides and 12 marathons with no rest days.

This is all to raise money and awareness for Huntingtons Disease

He will be riding from Hastings to Southampton on the **12th June 2014** so if anyone would like to meet him or be somewhere on his route to cheer him on then please email sussexsecretary@gmail.com or phone Sue on 07881 811995 for more information

If anyone would like to make a donation then please go to www.justgiving.com/teamawesome

Research

There is an important new study taking place which is asking the question 'What part of the brain might need the most help in HD' - for more information on this please refer to HD Buzz

General Info

If you need to contact Head Office, please email info@hda.org.uk or phone 0151 331 5444.

Welfare Grants are available through the Branch. Initial enquiries should be through Fiona Sturrock (Regional Care Adviser) on 01580 212276.

We are always glad of donated items for our Monthly Branch Raffle.

Visit our branch website www.hdasussexbranch.org.uk or the National website www.hda.org.uk

If you need further information please contact our Secretary, Sue on: 07881 811995 or email sussexsecretary@gmail.com

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