



Huntington's Disease Association, Sussex Branch –
Newsletter

September 2014

Dear Members,

Many thanks to everyone who attended Dr Salman Haider's talk, it was an amazing turnout with some very positive research news, with human clinical trials hopefully starting next year.

This Months Meeting

This months' meeting is on **Wednesday 24th September** in Lewes from 7:30pm

'Can you Shrink your Smirch'

Jo Johnson, a Consultant Neuropsychologist, has published a book titled 'Shrinking the Smirch' and Jo has kindly offered to come along and tell us about this book and how it can help people with HD and their families.

Fiona Sturrock, our Regional Care Advisor will not be present at this meeting, however branch members will be there and there will be plenty of time for a chat after this talk

Meetings and Events – 2014

Meetings are held at Cliffe Parish Hall, Cliffe High Street, Lewes, East Sussex, BN7 2AH unless otherwise stated. They are the last Wednesday of the month, starting at 7:30pm.

Wednesday 29th October – Meeting – Various Speakers: an update from the AGM and Family Conference and a Personal Story by Sue Cross, our Secretary

Wednesday 26th November – Social Get-Together – The annual Christmas Party with lots of food, wine and music for a little boogy if anyone fancies it!!

For professional support contact Regional Care Adviser Fiona Sturrock on 01580 212276 or write c/o HDA, Suite 24, Liverpool Science Park, Innovation Centre 1, 131 Mount Pleasant, Liverpool L3 5TF

Coffee Morning – October 2014

There will be a coffee morning being held in Seaford at **The Pomegranate, 45a Broad St, Seaford, BN25 1NG**, dates will follow nearer the time

And also dates to be confirmed nearer the time for the coffee morning which will be held at Crawley at **Esquires Coffee House, Library Buildings, Southgate Avenue, RH10 6HG**.

For precise dates, more information or to confirm that you are attending, please contact Sandra on 01424 716907

These are open to all members and friends of the HDA Sussex Branch and it would be lovely see some of you there!

Christmas Cards

Its that time of year again where Christmas is rapidly approaching, so why not order your Christmas Cards through the HDA to raise some funds for the HDA and also to raise awareness for HD.

To order your Christmas cards either go online to www.hda.org.uk or Sandra will be taking orders at the September meeting, where she will have a copy of the card designs

General Info

If you need to contact Head Office, please email info@hda.org.uk or phone 0151 331 5444.

Welfare Grants are available through the Branch. Initial enquiries should be through Fiona Sturrock (Regional Care Adviser) on 01580 212276.

We are always glad of donated items for our Monthly Branch Raffle.

Visit our branch website www.hdasussexbranch.org.uk or the National website www.hda.org.uk

If you need further information please contact our Secretary, Sue on: 07881 811995 or email sussexsecretary@gmail.com

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